



Satanism, Dark Occultism versus Transpersonal Psychology and Assagioli's Psychosynthesis

Study and Research Work by Philippe L. De Coster, B.Th., D.D.

The Transpersonal world we will learn, is beyond the everyday singular human existence. It is the way of the Tao, embracing all the aspects of you, facilitating the transformation of the personal you and allowing you to see the Greater Wholeness, not only of you, but of humanity and beyond. Meanwhile:

Is Satanism and Dark Occultism, in one word the Dark Art only a source of entertainment? Millions around the world, though like religion in decreasing number are pursuing astrology, witchcraft and the occult old and new. Are they sowing seeds of doom, and destruction, leading the idiots into dangerous spheres. Are these just harmless hobbies, or can you face real psychological dangers if you dabble in the occult?

Last year I think it was , Harry Potter and the Deathly Hallows: As in the United States only “Part Two” according the TV News set a record on its first day in theatres, taking in \$92.1 million across the US on Friday, July 15—smashing the previous record by nearly \$20 million. That old record was held by another occult-themed movie—The Twilight Saga: New Moon—which I loved and took in \$72.7 million on its November 20, 2009 release date in U.S. The latest (and final) movie in the Harry Potter series went on to shatter previous U.S. records for opening-weekend box-office, bringing in \$168.6 million—well ahead of previous record-holder

The Dark Knight. Worldwide, too, this latest Harry Potter blockbuster broke records, adding \$307 million in ticket sales outside the U.S., surpassing the previous record-holder, Pirates of the Caribbean: On Stranger Tides. With the new Harry Potter movie bringing in more than \$475 million in its first weekend of release, there is no doubt that the occult remains big box-office—and big business.

Seven of the top 25 money-making films of all time are from the eight-film Harry Potter series—a series that has already earned more than \$5 billion in ticket sales.

Occult themes are also popular in books. Of course, the Harry Potter films had their start in print, with an estimated 450 million copies of the seven Harry Potter books having been sold. Other authors have capitalized on the trend; the four novels in the Twilight series have together sold more than 100 million copies. Twilight books are especially popular with young girls, who have followed the saga of a teenage girl who falls in love with a century-old vampire.

Not surprisingly, the Twilight books have already been adapted for film; three Twilight films have earned more than \$1.8 billion in ticket sales, with a fourth, Breaking Dawn, Part 1, currently set for release in November 2011. Today's media fascination with the occult extends far beyond Harry Potter. Thirty-five years ago, many considered the television series Bewitched controversial. Today, it seems tame compared to such popular television fare as The Vampire Diaries and True Blood, which glamorize the occult. Yet, for many, the occult is more than fiction. A CBS News poll in February found that 48 percent of those surveyed believed in the existence of ghosts, with 22 percent reporting that they had personally seen or felt the presence of a ghost. That figure mirrors the results of a 2006 Ipsos Reid poll that found 47 percent of Canadians reporting a belief in ghosts, with 18 percent saying they had been in the presence of a ghost. Similarly, a British research firm found that more than 40 percent of Britons reported belief in ghosts. This is quite a change from the 1950s, when a Gallup poll found that just about one out of ten Britons believed in ghosts ("Four out of ten Britons believe in ghosts," The Sunday Times of London, April 13, 2009). Even leaders of nations pursue the occult. Former White House chief of staff Donald Regan reported, in his autobiography For the Record, that President Ronald Reagan's travels and activities were reviewed by an astrologer of his wife's choosing. The London Daily Telegraph reported that former British Prime Minister Margaret Thatcher consulted an astrologer "for signs of future dangers." Most members of India's Parliament have personal astrologers on retainer. Even in the former Soviet Union, once a bastion of materialism, the occult has held sway, as Russia is "swamped by astrologers, UFOlogists, soothsayers, parapsychologists, bogus doctors and other charlatans, whom genuine scientists make few efforts to contradict.... One of the main tasks of a senior official in the Presidential Security Service is to study astrology and prepare horoscopes" (London Daily Telegraph, July 29, 1996).

In 2015, the world is growing older, and, as it grows older, growing on the whole less frivolous. The humans are getting more serious now, not only about "Business", but also about "Science". For we have been slowly altering our attitude towards Knowledge. When Knowledge was first invented, the game was thought too hard, and after trying it a little the East soon lapsed into the indolent conclusion that it was the source of all evil, leading to labour and the fall of man.

Then the Greeks took it up gaily as a game, and played it with great zeal, until the world wearied of the "beauty" of useless knowledge and bethought itself of "saving" souls. This latter game endured for many centuries, right through the merry middle ages, when men sinned recklessly, and as recklessly repented (at a

ruinous cost to their heirs), until Bacon harnessed the divine steed of Science to the chariot of Progress.”

It seems, therefore, that the occasion is appropriate for considering how the inevitable process of reducing the “occult” to humdrum “science” may be forwarded. For I am not always serious-minded myself as to Satanism and Vampirism save it correlates with psychology and psychosynthesis because they work psychically (albeit circumstances have sometimes compelled me to descend to levities of expression), but also most anxious to encourage the spirit of the age.

I therefore feel it to be my duty to point out emphatically that the “occult” can never become scientifically established until it becomes a commercial success, and that to render it the latter is the most expeditious means of getting it recognised as the former. Whoever, therefore, holds that in “occultism” lies potential science should labour to develop its practical and commercial aspects, to discover methods which can be patented, and perhaps even brought out by a limited company and quoted on the Stock Exchange.

I say this thus coarsely, although I know that my suggestion will be repudiated with the fiercest indignation and denounced as an atrocious profanation by a multitude of patient “students” of various branches of the “occult” who have long grown accustomed to seclude their “phenomena” from the public gaze, and would find nothing more embarrassing than a sudden conversion of the world to their ideas.

However, once we consent seriously to face the facts of the situation we shall find (1) that there is no other way, and (2) no analogy to follow, but that of science.

There is no other way, because (1) there is at present more social prejudice against researchings into the “occult” than researchers could remove in a thousand years by purely scientific methods, even were they ten times as numerous and skillful as they are; (2) because at present there is no money where with to prosecute researches, nor any likelihood of raising an adequate supply until the suspicion has arisen that there is money in it; (3) because the greatest and best part of the evidence comes in such very personal and subjective ways that it is extremely difficult to arouse a conviction of its genuineness as knowledge, without submitting it to such a practical test; (4) because consequently all the evidence is disputed, and will continue to be so, until such time as we have gained such control over it as to be able to produce it

at pleasure and at a profit; (5) because it is necessary in this case to convert both the masses and the professors.

Of these the former are indifferent, the latter prejudiced as well. Now nothing, and least of all a miracle, will convert a professor who has once committed himself in print; but though the masses may be hard of heart and thick of skull they are almost ludicrously sensitive to what appeals to their pocket.

It is the inherent irreproducibility of the anomaly that makes it simultaneously fascinating and fantastic, a challenge to our notions of reality, but the productization of strange phenomena as pure entertainment, rather than legitimizing serious inquiry into the obscure, is redefining human speculation into the undeniably bizarre nature of the universe and our experience of it as a reflection of unadulterated human stupidity. Then again, maybe a select few may have already figured out how to quietly and pragmatically profit from their esoteric knowledge, and are simply loathe to share the goose that laid the golden egg with the rest of us. Now, that would just be good business.

Psychology or Transpersonal Psychology

Transpersonal psychology, as it was born in the late 1960s was culturally sensitive and treated the ritual and spiritual traditions of ancient and native cultures with the respect that they deserve in view of the findings of modern consciousness research. It also embraced and integrated a wide range of transpersonal experiences and other “anomalous phenomena,” paradigm-breaking observations that academic science has been unable to account for and explain.

However, although comprehensive and well substantiated in and of itself, transpersonal psychology represented such a radical departure from academic thinking in professional circles that it could not be reconciled with either traditional psychology and psychiatry or with monistic materialism and the Newtonian-Cartesian paradigm of Western science.

As a result, the new field was extremely vulnerable to accusations of being “irrational,” “unscientific,” and even “flakey,” particularly by scientists who were not aware of the vast body of observations and data on which the new movement was based. These critics also ignored the fact that many of the pioneers of this revolutionary movement had impressive academic credentials. They generated and embraced the transpersonal vision of the human psyche not because they were ignorant of the fundamental assumptions of traditional

science, but because they found the old conceptual frameworks seriously inadequate and incapable to account for their experiences and observations.

This situation changed very drastically during the first two decades of the existence of transpersonal psychology. As a result of revolutionary new concepts and discoveries in various scientific disciplines, the philosophy of traditional Western science, its basic assumptions, and its Newtonian-Cartesian paradigm were increasingly seriously challenged. The influx of this exciting new information began by the realization of the profound philosophical implications of quantum-relativistic physics, forever changing our understanding of physical Reality.

The astonishing convergence between the worldview of modern physics and that of the Eastern spiritual philosophies, foreshadowed already in the work of Albert Einstein, Werner Heisenberg, Niels Bohr, and others found a full expression in the ground-breaking book *The Tao of Physics* by Fritjof Capra.

Capra's pioneering vision was in the following years complemented and refined by the work of Fred Alan Wolf (1981), Nick Herbert (1979), Amit Goswami (1994, 1995), and many others. Of particular interest in this regard were the contributions of David Bohm, former co-worker of Albert Einstein and author of prestigious monographs on theory of relativity and quantum physics. Bohm's concept of the explicate and implicate order and his theory of holomovement expounding the importance of holographic thinking in science gained great popularity in the transpersonal field, as did Karl Pribram's holographic model of the brain (1971).

Another welcome addition to the above list was Rupert Sheldrake's theory of morphic resonance and morphogenetic fields, demonstrating the importance of non-physical fields for the understanding of forms, genetics and heredity, order, meaning, and the process of learning. Exciting contributions relevant for the transpersonal perspective were also Gregory Bateson's brilliant synthesis of cybernetics, information and systems theories, logic, psychology, and other disciplines Ilya Prigogine's studies of dissipative structures and order out of chaos, the chaos theory itself, the anthropic principle in astrophysics, and many others.

All the revolutionary advances in science have been welcome by the transpersonal circles as significant conceptual support for transpersonal psychology. On the one hand, they undermined various aspects of the seemingly monolithic structure of the traditional materialistic worldview with which transpersonal psychology was in principle incompatible. On the other hand, they

often brought new insights which seemed to provide supportive evidence for various partial claims of the pioneers of the transpersonal perspective.

However, what was still missing was a large integrative vision, the “conceptual glue” that would weave all these pieces into a comprehensive tapestry of ideas about consciousness, psyche, and human nature, one that could also be reconciled with the revolutionary findings of other scientific disciplines about the nature of reality.

It was Ervin Laszlo’s work that turned out to be the “Rosetta stone,” which the pioneers of consciousness research and transpersonal psychology sought after. His contributions represent a quantum leap in this conceptual evolution and revolution described above. In a series of works, such as *The Creative Cosmos*, *The Interconnected Universe*, *The Whispering Pond*, *The Connectivity Hypothesis*, and most recently *Science and the Akashic Field*, Laszlo reviewed the major theories, which had attempted to solve the puzzles and paradoxes presented by the “anomalous phenomena” – the work of David Bohm, Karl Pribram, Rupert Sheldrake, Ilya Prigogine, and others. He showed the strength and the weaknesses of these theories and offered an elegant comprehensive metatheory, which addressed the unsolved problems in a number of disciplines. The key element of this theory of everything, Laszlo’s concept of the psi-field, a sub-quantum field containing the holographic record of everything that happens in the universe (or possibly the Kosmos as understood by ancient Greeks) certainly accounts for the otherwise baffling problems encountered by modern consciousness research and transpersonal psychology.

As the title of his last book – *Science and the Akashic Field* – suggests, Ervin Laszlo has not only been able to formulate a unifying conceptual framework for a number of scientific disciplines, but also to create a bridge that connects the best of hard science quite explicitly to transpersonal psychology and to the great spiritual traditions of the world. His recent article specifically addresses the relevance of his work for transpersonal psychology.

Transpersonal Reality

Transpersonal reality transcends or reaches beyond the personal or individual. It deals with the embracing all the aspects of you, facilitating the transformation of the personal you and allowing you to see the greater wholeness, not only of you, but of humanity and beyond. The word “transpersonal” comes from the Latin “trans,” meaning beyond and through, and “persona,” meaning mask or personality.

The term “transpersonal” is often used to refer to psychological categories that transcend the normal features of ordinary ego-functioning. That is, stages of psychological growth, or stages of consciousness, that move beyond the rational and precede the mystical. The term is highly associated with the work of Abraham Maslow and his understanding of “peak experiences”, and was first adapted by the human potential movement in the 1960s we already know. In integral theory, transpersonal refers to stages of human development through which a person’s self-awareness extends beyond the personal.

The experiences that originate on the transpersonal level involve transcendence of the usual boundaries of the body/ego and of the limitations of three-dimensional space and linear time that restrict our perception of the world in the ordinary state of consciousness. The transpersonal realm is the source of a wide range of anomalous phenomena, which present serious challenges not only to current conceptual frameworks of psychology and psychiatry, but also to the monistic materialistic philosophy of modern science.

Transpersonal experiences can best be defined by describing how they differ from our everyday experience of ourselves and of the world. In the ordinary or “normal” state of consciousness, we experience ourselves as material objects contained within the boundaries of our skin and operating in a world with Newtonian characteristics. Our perception of the environment is restricted by the physiological limitations of our sensory organs and by physical characteristics of the environment. In transpersonal states of consciousness, none of the usual limitations we experience are absolute; any of them can be transcended.

The existence and nature of transpersonal experiences violates some of the most basic assumptions of mechanistic science. They imply such seemingly absurd notions as relativity and arbitrary nature of all physical boundaries, non-local connections in the universe, communication through unknown means and channels, memory without a material substrate, non-linearity of time, or consciousness associated with all living organisms, and even inorganic matter.

Many transpersonal experiences involve events from the microcosm and the macrocosm, realms that cannot normally be reached by unaided human senses, or from historical periods that precede the origin of the solar system, formation of planet earth, appearance of living organisms, development of the nervous system, and emergence of homo sapiens.

In a mysterious and yet unexplained way, each of us contains the information about the entire universe and all of existence, has potential experiential access to all its parts, and in a sense is the whole cosmic network, as much as he or she is just an infinitesimal part of it, a separate and insignificant biological entity

Ten Elements of Transpersonal Psychology

1. Transpersonal Psychology is a psychology of health and human potential. While recognizing and addressing human psychopathology, transpersonal psychology does not derive its model of the human psyche from the ill or diseased. Transpersonal psychology looks to saints, prophets, great artists, heroes, and heroines for models of full human development and of the growth-oriented nature of the normal human psyche. Instead of defining ourselves as all essentially neurotic (if not worse), transpersonal psychology makes it possible to perceive the individual as one engaged in the process of development toward full humanity, as exemplified by the words and deeds of great men and women.

2. Transpersonal psychology and transpersonal psychotherapy, in particular, does not see the human personality as an end in itself. Our personal history and the resulting personality traits, tendencies, and attributes are seen as the crust or skin covering our transpersonal essence. Another way of putting this is that the personality is, by design, the vessel or vehicle which enables the soul and spirit to navigate through the world. Thus, the proper role of the personality is to be a translucent window, a servant to divinity within.

3. Transpersonal psychology is a psychology of human development. As developmental psychologists, we agree with the object relations theorists that there is a continuum of development, in the sense of self and its stability. This continuum begins with individuals who have not achieved object constancy and strong ego identity, people who might be called psychotic. Up the next step of the development ladder are those with “borderline personality disorder,” in whom an unstable sense of self and object constancy have developed.

Another step up toward full functionality are those with a strong sense of ego identity and clear object relations, the so-called “normals.” Transpersonal psychology, at this point, extends object relations theory by pointing to the next stages of human development, wherein there is disidentification from one’s personality or personal identity and recognition of object impermanence or transiency. This stage is typified by the states of consciousness obtained by advanced meditators. A further step in development is posited wherein the person realizes the Supreme Identity (i.e., enlightenment or connection with God), and the relative nature of normal reality, as seen in saints and mystics.

4. Transpersonal psychology is an approach to the whole person. It seeks a balanced development of the intellectual, emotional, spiritual, physical, social, and creative expression aspects of a person’s life. Thus, all six areas are addressed scholastically and therapeutically, and integration or balance is sought. This is the ITP educational model.

5. Transpersonal psychology is a psychology that goes through the personal to the transpersonal. Far from just transcending our humanity, it is a process of working through our humanity, in an inclusive way, to reach the recognition of divinity within. Thus, transpersonal psychology emerges out of personal psychology, as a result of the individual's growth and maturation.

6. Transpersonal psychology is the future norm in psychology, as yet unrecognized by the mainstream. Transpersonal psychology is largely inclusive of and builds on the psychoanalytic, behavioral/experimental, and humanistic psychologies that preceded it. It provides both an extension of and a different perspective from these previous psychologies. It is in no way a denial of the validity of their theories and techniques. It simply places them in a new context.

Transpersonal psychology asserts that religious and mystical experiences and the perspectives that derive from them are valid approaches to reality and can be studied scientifically. It is the beginning attempt of science to understand these most meaningful of human experiences.

7. Transpersonal psychology recognizes and studies the different states and stations of consciousness. It recognizes that such different states as dreaming, hypnotic trance, and "waking" consciousness all have sub-levels within themselves and possess their own state-specific systems, their own realities. Further, transpersonal psychology recognizes that not only are there different states of consciousness that one may move into and out of during the course of a day but that there are also stages or stations of consciousness that, through development, one can come to live in relatively permanently.

8. Rather than being a recent innovation, transpersonal psychology is largely a return to the perennial philosophy identified by Aldous Huxley. Mystical experience and shamanistic healing practices, which have been central concerns of humankind for millennia, are also a focus of transpersonal psychology.

9. Transpersonal psychology is depth psychology. It is part of the therapeutic stream started by Freud and his successors, Jung, Rank, and Reich. Roberto Assagioli, who posited a superconscious, as well as a subconscious, integrated transpersonal and depth psychology, as did Carl Jung.

10. The simplest definition is that transpersonal psychology is spiritual psychology. It recognizes that humanity has both drives toward sex and aggression and drives toward wholeness, toward connecting with and experiencing the divine.

The New Transforming Psychology

The New Transforming Psychology visualizes and supports the natural energetic orchestration of thoughts, feelings, dreams and stillness, into a symphony of wholeness, harmony and beauty. The normal chaos that defines the inner reality of the modern human is gradually replaced by the original harmony that lives at the core of life and the heart of the Universe.

This New Psychology is not the exclusive property of experts, doctors, holy people, therapist or those with special certificates and degrees. It reflects the collective psyche, the intuitive knowledge of Self and the cosmos. It blends the understanding of beings of all ages, cultures, sexes, races and religions. It is the psychology of being human. It belongs to and reflects the average person, the not-so-average person ... and everyone in between.

The supreme essence of a human being resides in infinity of the mind

The New Psychology has as a central principle, the understanding that an individual's supreme essence and ultimate identity is the infinite. A person is not just what she thinks she is now, today — for she is even more than all that she has ever been. She is a quantum, unlimited, spiritual being who is having all of the experiences in this life and in others, and in many dimensions, simultaneously.

The mind that we use to perceive and ponder our experiences, is the storehouse for every thought, feeling, dream, memory and personality — both real and imagined — that we have ever had.

Infinity in its wholeness, is utterly incomprehensible by the human mind and escapes accurate definition through words. The same is true for every person, as their essence rests in the mysterious realms of the infinite. Infinity can be and is translated into countless expressions. An individual, from all points of view, is a colourful ever-morphing expression of the infinite.

Wholeness & holographic inner reality

In the New Psychology, the entire inner reality of a being — the collage of feelings, thoughts, memories, dreams, imagination, energies, and how they intertwine and dance — are seen as unified and whole. They form a dynamic, living, ever-changing inner ecosystem.

The wholeness of the inner reality is perceived as holographic in its nature. “Holographic” implies that the inner reality is atmospheric, ever-changing, and is intimately connected to the larger picture of the person, humankind and the Universe. In other words: the whole is reflected in every part.

For the purpose of discussion, things can be usefully distinguished from one another ... but they cannot be separated from each other, in actuality.

Holographic psychology recognizes that we are part of the unlimited potential of the whole. An individual is a unique offspring of universal, holographic wholeness.

Quantum Presence and the Whole Self

A being in her totality — which extends from absolute infinity to all of her expressions in the physical world — is known as the Whole Self. The Whole Self is the entity who experiences the totality of every personality and every experience that she has ever had — both real and imagined — in this life and in all incarnations.

The Whole Self is experienced as an eloquent, singular, quantum presence. A being’s presence is rooted in infinity. Within the magical matrix of presence flows consciousness and life, itself.

Presence is felt and experienced as a living, spiritual atmosphere in the here and now. Its nature is mysterious and often perceived as light as a feather. Presence is deep, beautiful and silent. Upon close examination, a being’s presence is felt and appreciated as deliciously serene, incomprehensible and infinite. In your very own presence, here and now, is the very same stillness that exists within an atom, in an ancient tree ... and between the stars.

Your quantum presence — right now — is the same presence that you had as a baby, a child, a teen, and so on. Your body, mind, and personality certainly have changed, but your presence has remained the same. It has quietly absorbed all of your experiences, both real and imagined ... in this lifetime as well as all others.

The quantum presence of a human being is always in this moment — the eternal moment of Now. All thoughts and memories, even those of the past and future, are experienced within a being’s presence — which lives in the here and now.

The Whole Self’s extraordinary natural, instinctive, intuitive abilities to self-

orchestrate, self-balance, and self-heal are greatly appreciated and highlighted in the New Psychology.

Personalities

The Whole Self creates, customizes and experiences reality, through a collage of feelings, thoughts, memories and unique perceptions that make up a personality.

All personalities live within the individual as well as the group mind of the species, and they are effortlessly accessed through our normal thinking, feeling and dreaming. This access is quantum-field-based through the telepathic communication system of the human species that is called the Soul Connection Network. The SCN lives and functions within every person and is part of our normal psychic make-up.

The library of possible personalities is vast. During an average person's physical life time, she will identify with and express several, if not dozens of primary personalities. She also test drives thousands of minor ones. Many of these personalities are not vital on-going parts of her dominant identity, but simply are personalities that she vibrationally dials into for brief periods of time. She does this so that she can mirror them in her own mind, to feel their feelings and to experience their points of view.

Mirror Neurons

Mirror neurons are specialized brain cells that spontaneously create a brain-to-brain link between people. This means that our brain waves, its chemistry, and our feelings, can literally be mirroring those of people who we are communicating with, reading stories about, watching on television, or simply thinking about. This is perfectly natural and has been happening all along. It allows us to instantly empathize with others and to know what they are feeling and experiencing.

Mirror neurons, act like the brain's WiFi communication system and allows the sharing of the emotional flow, movement and intentions from person to person. Through the WiFi connection, there is a brain to brain link, and a replication of feelings and thoughts between people. Emotional closeness further allows the energetic mental states of people to be shared and absorbed.

Mirror neurons play a key role in the creation of personal and group realities, as through them we have the innate ability to reflect and assimilate the desirable thoughts, feelings and inspiration of others.

Energetic Tools

The tools of the New Psychology are safe, gentle, simple, relatively easy to use — and most are absolutely free. Many are made by a participant's own imagination. They are used to help focus one's attention and energies, to nourish and expand beneficial thoughts, beliefs, feelings and potentials.

The non-physical energetic tools made with the imagination are designed, created and customized by the individual who uses them. They are placed into activity by herself, within the inner worlds of her own mind and heart. These highly dynamic tools can be used for self-exploration and to enhance and clarify inner realities. They also are useful to stimulate her own natural self-orchestration, self-balancing and self-healing abilities.

Tools of the new psychology can also involve physical movement of the body, engaging with text-based energetic packages (this website's Stories for Transformation project is an excellent example), and listening to and/or creating music and art. All such tools are designed to catalyze inner transformations, and to help the reader shift to more harmonious, healthy and satisfying states of being.

Mirror Neurons

Neuroscientists have discovered specialized cells in the brain, called mirror neurons, that spontaneously create brain-to-brain links between people. This means that our brain waves, chemistry and feelings can literally mirror the brain waves, chemistry and feelings of people who we are communicating with, reading stories about, watching on television, or those who we simply have in our thoughts. This is perfectly natural and has been happening all along. It allows us to instantly empathize with others and to know what they are feeling and experiencing.

Mirror neurons play a key role in understanding two of the most significant areas of interest on this website:

Mirror neurons help form the essential brain-to-brain circuitry of the human WiFi neurological system, allowing communication to flow back and forth on the inner telepathic network of the human species: the Soul Connection Network.

Mirror neurons are vital to how personal reality is created, customized and shared. Through them we have the innate ability to mirror and assimilate the desirable thoughts, feelings and inspiration of others.

Mirror neurons allow us to dial into, link-up, and reflect — within our own hearts and minds — the thoughts, feelings and energies of people we love and admire, and those who we find fascinating and inspirational.

Mirror neurons do not discriminate. They simply mirror and allow us to energetically assimilate who we are holding in our minds. Hence, if we obsessively think about a person who we do not like, then we are linking-up with him, reflecting his mind, and energetically assimilating his feelings into ours ... making his psychic and emotional realities a part of ours.

Knowing how mirror neurons work, we are free to decide who we want to connect with, feel, and absorb. We also know who we have been connecting with and assimilating, as their thoughts, feelings and subtle energies — for better or worse — are blended into our own.

The brain's mirroring ability

Mirror neurons are a certain type of brain cells that are activated when a person performs an action and also when he observes, hears and even reads about the same action performed by another person. These neurons actually “mirror” the behaviour of another person, as though the observer was performing the action, first-hand, himself.

That is, the mirror neurons in an observer's brain replicates the electrical signals and brain chemistry of the person that he is observing — or even reading about.

Empathy

Certain brain regions are active when a person experiences an emotion and when they see another person experiencing an emotion. Mirror neurons are linked to empathy.

When we interact with someone, we create representations of their actions, sensations and emotions within our minds. To our brains, it is as if we are the ones who are moving, sensing and feeling.

Through mirror neurons, we instinctively and effortlessly put ourselves in the shoes of the person we are observing or thinking about. Without any conscious

effort, our brain instantly mirrors theirs, allowing us to feel what they are feeling and see things from their perspective.

We are natural mind readers

Mirror neurons, act like the brain's WiFi communication system and allows the sharing of the emotional flow, movement and intentions from person to person. The WiFi brain-to-brain connection links people's holographic inner worlds through the law of vibrational attraction. Emotional closeness further allows the energetic mental states of people to be shared and absorbed. "With mirror neurons we do not have to pretend to be in another person's mental shoes ... we practically are in another person's mind."

Being with someone who is truly happy, motivates our mirror neurons to create a similar response in our own brain, leading us towards a similar emotional reaction

"Mirror neurons enable emotions to spread like a contagion, allowing one person to infect another with their mood, particularly if these feelings are strongly expressed."

"Mirror neurons break down the barriers between people. They are the basis of empathy. They are involved in imitation and learning. They allow you to put yourself in other people's shoes, to adopt their point of view. Just as mirror neurons allow you to take another's perspective, they allow you to see yourself, to reflect. This, I believe, is a part of what we call self-awareness."

On the other hand, a person with a brain that lacks an active mirror neuron system, may find it difficult to establish emotional links with others ... and to see their own Self, in the mirror of their mind.

Gender differences

Researchers using the most advanced brain imaging technology, have recorded stronger responses related to the mirror neuron system in women as compared to men. Their findings are consistent with the idea that women tend to be more empathetic, and of course, the mirror neuron system is related to empathy.

I say that the human mirror neuron system maybe more naturally active in women, but that it really has to do with the feminine nature which is present in everyone. Men, of course, can be equally empathetic and intuitive as women which means that they are able to have a highly developed mirror neuron

system. A weak mirror neuron system translates into reduced feelings of empathy, and may be linked to an excessive masculine-oriented mind style.

Our communication network

The mirror neuron network is like the WiFi hardware system that connects and intertwines all the brains of all the people in the human family. This hardware network allows for the transmission and reception of holographic content between people. The holographic content are the very thoughts, images and feelings that we see and interacting with, inside ourselves. Hence, each person's inner world is intimately connected to, shared, and supported by other like-minded and like-feeling people — who can be anywhere on the planet.

Again: we may think that our thoughts are our exclusive property, that they belong to us and that we alone can see them. But actually, through our own desires, interests, and unique vibrational signatures, we are tuning into and interacting with the thoughts, feelings, dreams and imaginative mental movies of people who have a similar vibration as ours.

The anatomy of the Whole Self

A human being's ultimate essence is Intelligent Infinity, itself

The Whole Self is your greater, expanded Self. It is your own quantum presence, a limitless spiritual being who is having all of the experiences. Your entangled roots are orchestrated, layer upon and within layer, ultimately disappearing into infinity.

You can also look at it like this: From the infinite we flow into the worlds of Creation, and are expressed in multiple layers and dimensions ... all the way out to here — to this layer in the physical world — to you, the living presence who is reading these words on the computer screen.

Therefore, we acknowledge that you certainly have the name that you call yourself ... you have a car, a job, a family, assets, memories, a society, culture, a main personality and all that ... but you are much, much more. You are far more mysterious and deeper. The most essential parts of your being stretch all the way back to infinity. You are hereby invited to enjoy, embrace, and rest in your incomprehensible, deeply orchestrated, infinite nature.

Presence

The Whole Self is experienced as an eloquent, singular but also limitless, quantum presence. A being's presence is rooted in infinity.

Within the magical matrix of presence flows consciousness and Life, Itself.

Presence is felt and experienced as a living spiritual atmosphere in the here and now. Its nature is mysterious and often perceived as light as a feather. Presence is deep, beautiful and silent. Upon close examination, a being's presence is felt and appreciated as deliciously serene, incomprehensible and infinite — it truly is “quantum.” In your very own presence, here and now, is the very same stillness that exists within an atom, in a beautiful ancient tree ... and between the stars.

Your presence — right now — is the same presence that you had as a baby, a child, a teen, and so on. Your body, mind, and personality certainly have changed, but your presence has remained the same. It has quietly absorbed all of your experiences, both real and imagined.

The moment of here and now

The quantum presence of a human being is always in the here and now. The here in now is also called the eternal moment.

All thoughts and memories, even those of past and future events, are seen within a being's presence in the here and now moment.

Personalities

The Whole Self creates, customizes and experiences reality through a beautiful, morphing collage of feelings, thoughts, memories and unique perceptions that make up a vast array of personalities.

All personalities live within the individual, but also within the group mind of the species (as an individual is always interconnected to like-feeling and like-minded beings, energetically, holographically and telepathically) and the expression and mind styles of these personalities are effortlessly accessed through our normal thinking, feeling and dreaming. This access is quantum-field-based through the telepathic communication system of the human species that is called the Soul Connection Network. The SCN lives and functions within every person and is part of our normal psychic make-up.

The library of personalities within an individual is truly vast. During an average person's physical life time, she will identify with and express several, if not dozens of primary personalities. She also test drives thousands of minor ones. Many of these personalities are not vital on-going parts of her dominant identity, but simply are personalities that she vibrationally dials into for brief periods of time. She does this so that she can mirror them in her own mind, to feel their feelings and to experience their points of view.

Mirror Neurons

There are specialized cells in the brain, called mirror neurons, that spontaneously create a brain-to-brain link between people. This means that our brain waves, its chemistry, and the feelings we experience, can literally be mirroring those of people who we are communicating with, reading stories about, watching on television, or simply thinking about. This is perfectly natural and has been happening all along. It allows us to instantly empathize with others and to know what they are feeling and experiencing.

It turns out that we are natural mind readers. Through mirror neurons, we instinctively and effortlessly put ourselves in the shoes of the person we're observing. Without even being conscious of it, our brain chemistry instantly mirrors theirs, allowing us to feel what they are experiencing and to see things from their perspective.

Mirror neurons, act like the brain's WiFi communication system and allows the sharing of the emotional flow, movement and intentions from person to person. Through the WiFi connection, there is a brain to brain link, and a replication of feelings and thoughts between people. Emotional closeness further allows the energetic mental states of people to be shared and absorbed.

The Interface Zone

The Interface Zone is the meeting place, inside yourself, of the physical and the energetic realms. It is your personal psycho-dynamic theater of exchange between the two vibratory worlds. In the Interface Zone, the individual experiences her own local multiverse and realizes that the thoughts and feelings flowing through her mind and heart are not exclusively her own, but she's sharing and spontaneously translating the thoughts, feelings, dreams, discoveries and inspirations of others.

The Interface Zone is a dynamic place that you can manage. Not only is it the psychic bridge to the Soul Connection Network, but it can also be consciously

customized into a buffer system to help transmute your participation in energies and inner holographic content that keeps you circulating in chaos, fear and disharmony. By taking care of your Interface Zone, you can have more success in aligning to energies, thoughts, dreams and feelings that are unified, expansive, inspirational and serene.

Certain types of music and art, and the energetic tools of the the New Psychology can be effectively used to enhance, balance and orchestrate this vital psychic space. Hence, if a being's Interface Zone is managed properly, it can help the individual migrate to new, deeper, spectacular levels of vibrational harmony.

The extraordinary, seemingly magical, natural abilities of the Whole Self are appreciated and emphasized in the New Psychology

Self-orchestration

Even though each person has her essence in infinity, she is not a blob of chaos. For from infinity flows everything in Creation which spontaneously manifest from incredibly deep, well-orchestrated patterns. Hence, our thoughts, feelings and even the atoms and energies in our bodies exist and play together on a foundation of universal harmony. The foundation of harmony allows for the unfolding of the diverse experiences and opportunities in the theatre of life.

Self-orchestration is a natural ability and feature of everything in creation. Every galaxy, star, planet, ecosystem, being and atom ... naturally self-orchestrates on many levels. The same is true for the mind and heart of the individual. Self-orchestration is the normal expression of our psychic existence. If one does not know, see and feel this essential orchestration, then they are momentarily assisting in the creation of experiences in which the harmony is not being felt, known, understood and appreciated. I say "momentarily" because everything exists in the eternal moment. Such moments may last a life time for some individuals, but still, years of linear time are easily enfolded into the eternal moment.

Everyone experiences chaos and clashes as a normal part of existence. Rather than say "no," or try to hide from these experiences, or try to resist them, a being aligned to the principles of the new psychology simply accepts and experiences chaos and clashes for what they are. She processes them knowing that they are part of the whole experience of life. She sees them as opportunities for transformation and allows them to come into existence, live for a while, and then disappear ... like everything else.-

Self-Healing

Built into our bodies are teams of the greatest healers in the Universe in the form of our very own cells, immune systems and chi energy. Our brains are considered the command and control center for the most magical pharmacy you can imagine as it seemingly has the ability to make any drug known to man ... and millions that are yet to be discovered. Not only are our bodies constantly healing themselves on a cellular level, in thousands of ways each day, but the amazing placebo effect seen in medical studies boldly speaks of our amazing natural powers to self heal nearly every disease, stress, or issue ... no matter how great or small ... at an incredible speed.

The new psychology appreciates our natural ability to self-heal, and assists in the alignment to their free expression.

Self-balancing

The vast majority of the time we intuitively know how to “right our selves” when out of balance. We usually do this without the help or guidance of the logical mind. The new psychology recognizes our innate self-balancing ability, and helps it along by getting the logical mind from the equation and allowing their own inner nature to have its way. If further assistance is needed, then the simple tools of the new psychology can be applied.

Personalities experienced by the Whole Self

Who do you think you are? Whose thoughts and feelings are flowing through you? This essay is for meditators, students of psychology, and people on a spiritual path who have looked inside themselves and found the whole Universe quietly looking back.

We originally turned our attention to our own inner landscape, carrying with us the habits, beliefs, feelings, personal stories (and perhaps an abundance of emotional chaos) that we were use to. All of these things were braided together and helped form our main identity. Simultaneously, they also created the boundaries of our personal reality. In fact, these limitations caused us to seek transformation and expansion within ourselves in the first place.

This essay illustrates the mysterious nature of the psyche that we are exploring. As you read and absorb it, you may realize that you are a far greater, more expanded and universal being than what you originally thought. In fact, many of

you will emerge with an understanding that your true identity — your quantum presence, the Whole Self — is utterly incomprehensible to the Regular Man.

The Regular Man character is the individuated mind-style of the main personality that each of us think we are. Hence, one can say that the Regular Guy is Paul, Robin, Ann, Sollena, Laurel, Fern and Teka, as everyone has a Regular Man character. For the sake of this discussion, let's say that the Regular Guy was our psychological starting point when we began our inner spiritual journey.

Now, because we have made progress on our personal inner path, we are a bit more psychologically and emotionally expanded. We are no longer locked into the Regular Man character and mind-style, nor have we left that character behind. We still relate to it and laugh with its jokes, but we're no longer under its mind-emotion-energy spell.

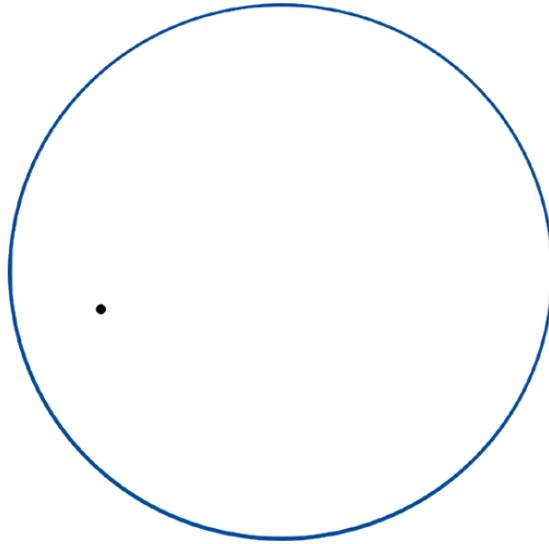
Let's say that this dot is visually symbolic of the Regular Guy or Man character:



It is a dot that comprises all that the Regular Guy or Man thinks he is: all of his beliefs, thoughts, limitations, feelings, addictions and energy. Everything that the Regular man identifies himself to be, is focused on supporting its reality, as it lives in the limitations of his own self-created realm. It has the feeling that if its identity or the personal reality that it has made for itself to live in ... if they should fade or be interrupted, that it (the Regular Guy or Man) may cease to exist. Good grief!

The Regular Man wants you to believe that the reason he's in the driver's seat is because his mind-style, points of view and the way he feels is his true identity! But actually, the scale of his illusion is like saying an eagle is an ant. The reason he gets away with it for so long is by staying well behind the protective force field of ego. The force field of his ego does its best to keep external feelings, dreams, ideas, and "other" characters out of his own little world. The Regular Man's whole existence is this single dot of character, and the world of personal reality that it has created for itself to live in.

Actually, the Regular Man is just a speck in its Whole Self, which may be portrayed like this:



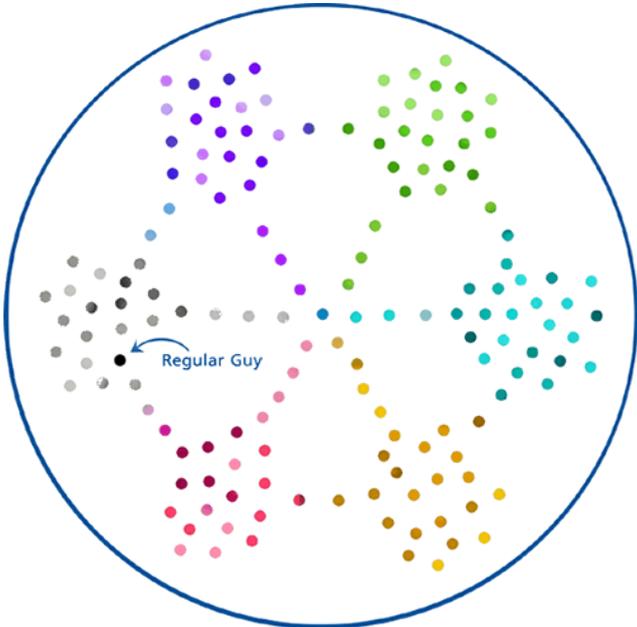
The proportions seem crazy, but it's actually realistically symbolic of how small the mind and scope of the Regular Man is, as compared to who we really are — our natural true self — the Whole Self.

So what I have become, and you and others who have been touched and expanded by our spiritual journey, is this larger self: the bigger, more incredible, spacious circle of our true nature and Whole Self. It is utterly free and unlimited — and the Regular Guy or Man character is living in it.

Now, once we get comfortable in being our larger, natural, expanded Self, we realize that we are not limited to or fascinated by who we thought we were. The Regular Man is just a character who has a certain style of thinking, feeling, perceiving and responding to reality. We can turn him off and on, channeling him whenever we please. We use his character freely as we respond to the unfolding events of our life.

In fact, from our new expanded point of view, we can see that we have actually portrayed other characters in our life. Think about it: we've flowed with the mind and feelings of a child at our many stages of development ... we've flowed with the mind, feelings and points of view of our parents, our teachers, authority figures, people that we have admired and hated — one after the other ... and also, we have mixed, matched, and brought expression to their thoughts and feelings spontaneously without thinking about it [read about mirror neurons]. We've touched on hundreds of them — at least for a few moments — even though our dominant identity was the Regular Man (before following the inner spiritual path).

Hence, seeing and relating to all the characters in our Whole Self might be represented like this:



All the different dots in the graphic above are different characters or mind styles that we have test driven or have allowed to flow through our awareness. They are all within who we truly are, the Whole Self. But the Regular Guy character thinks that most of the other characters (each who has its own mind-style and beliefs) are a bunch of bull, as the Regular Guy or Man thinks that its reality is the best and only way to go. The force field of the Regular Man’s ego forms a boundary that is highly successful in shutting down our child-like ability and skill to play with the other mind-styles, thoughts and feelings in our Whole Self. The native mind of the Whole Self is the mind of all, aka: the Universal Mind

Once we are very comfortable with the feelings of the expansive here-and-now presence of the Whole Self, and we enjoy grooving in the atmospheric, unattached, silent, free, eternal Now reality (this is the soul’s innate conscious nature), then we can see ALL the characters in our greater Being.

Again, our first sight of the many characters and mind-styles comprising our Whole Self is symbolized in the previous graphic. The Regular Man is a single dot in the group, and is in a cluster of other dots like him. We can see that the different characters have formed small groupings, symbolizing like-minded, and like-feeling characters in our Whole Self. They are energetically associated and attracted to each other, as they have similar points of view and look at life through the same-coloured lenses. And there are threads of characters that link

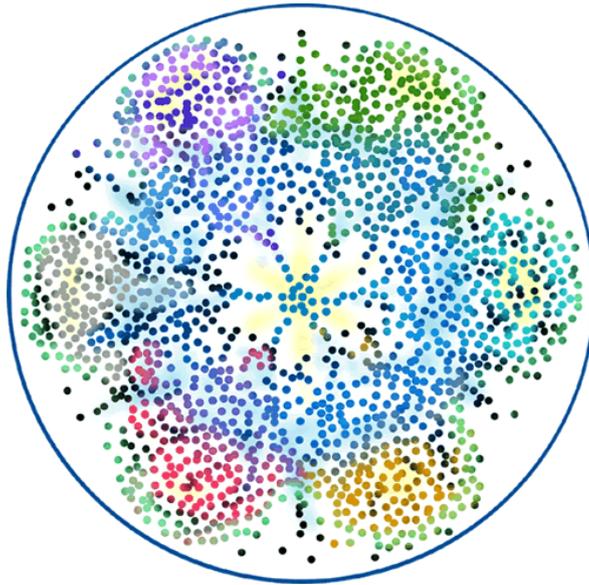
the different groups. It is like a network in the greater Universal Mind of the Whole Self, connecting the mind-styles, feelings, and unique vibrations that identify each of the characters and their groups. The characters in the Whole Self are not only the mind-styles and points of view that we've flowed with in this life-time, but they are also the memories and personalities from past incarnations as well. Hence, there are actually hundreds and thousands of characters in our own personal Universal Mind.

Now, the evolutionary track is to eventually realize that you are not so much any of the characters, but are actually a soul — a conscious life force who is spacious and vast ... indeed, you are an eternal God fragment. You (the soul) are activating each and all of the characters throughout all of your existences.

As the life force flows with your attention in the vast field of the Universal Mind, it connects to a character and brings it to life! But now, with our current realizations in the areas of psychology, physics and Oneness, you will find that you are no longer imprisoned by the beliefs, thoughts and mind style of any character. In fact, you can withdraw your attention from a character and focus your attention on another character, and the personality of that character will spring to life with its own mind, feelings, memories and point of view. The new character's personal reality comes into play, and flows through your here-and-now awareness. You live and become that character and engage with its reality for a moment.

Once you realize that this is what you have been doing all along (but the ego has tried to keep you away from this realization so that its identity could dominate and survive to be king for another day), you are no longer overly-attached to any single character, his mental chatter, his memories of the past and future or his brilliant points of view. Nor are you contained within the ego force fields protecting the characters and their isolated worlds of limitation and personal reality, as you've recognized that you are the soul who is enfolded in and activating all the fragments of your existence.

With this knowledge, it seems like a spontaneous movement happens — the chaotic arrangement and flow of the many characters start to become orchestrated — they start cooperating on their own without your effort. After all, you are a God particle, and the more you realize it, the more the self-orchestrating mechanism becomes activated and functional. It is a natural thing that happens on its own. Hence, your Whole Self starts to look like this, symbolically speaking.



All the fragments of your Whole Self start coming together on their own, self-orchestrating into a more harmonious, less divided, and less chaotic patterns. This new realization of the Whole Self is certainly easier and more enjoyable for you to live with and experience, as you are free and more accepting of your diverse, colourful nature and the many mind-styles, feelings and points of view that you are able to flow with. There is a deep, seemingly lasting joy as your true, expanded nature becomes activated. It's as if the joy is intimately woven into the tapestry of the Whole Self's very nature.

Eventually, you realize that what is inside is also reflected in the so-called "outside world." The characters on the inside are actually talking to and connecting with people of similar frequency and feelings in the outer world, and all this has been happening in your inner landscape. Somehow, your Whole Self is both an individual and also ALL the characters. You feel intimately connected to the entire species and you see and know yourself to be the Whole Crazy Divine Enchilada. With this realization, your Inner World becomes this:

Finally, you fall down on the ground laughing your butt off! Your belly laughs are so loud and sincere that they go all the way to the another God you are and back. She is laughing too — with you and through you! You see your true nature in all its unity, mystery and wholeness. It's truly a marvellous joke, a most incredible journey, and the greatest story ever told ... as you realize that before you started on the spiritual path, you thought of yourself to be this: "The regular Guy or Man."

Reality or Not, the Psychological Construction

Are you sure that what you see is the truth? Is your reality the same as the reality of everyone else? Before understanding the psychological perceptions in social situations, let us take a look at a few ingrained visual deceptions, which elaborate that the reality we realize and the actual reality may not always be the same.

Our reality is constructed by our psychology. This not only happens in visual phenomenon, but also in almost everything else too. When two people watch a movie or a game or a song, each observes different things based on the individual's psychological state. Factors like their motivations, expectations, past experiences etc. determine what their psychological reality is. This directly extends to our social interactions. We have different goals and different meanings for each situation we encounter. "He saw the Facebook message and did not reply. He doesn't care about me" "He saw the Facebook message and did not reply. Maybe he was busy" "He saw the Facebook message and did not reply. Does he not know that I can know that he saw the message?" "He saw the facebook message and did not reply. Is he playing hard to get?" The actually reality is simple – "He saw the Facebook message and did not reply". But the actual reality is construed as psychological reality and is taken for granted. The decision we choose to consider as reality is a projection of our biases, experiences and our expectations during the situation.

The reality we see is part of our disposition

Entrepreneurs, usually, have extremely high hopes. They are upbeat and unrealistically optimistic. This is a direct upshot of their inner desires and experiences. The imagined reality in these cases is so distorted that the actual reality is not easily recognized. What I am about to say is completely my opinion. And I want to warn you that it is not the generally accepted view. The imagined subjective reality of entrepreneurs is often admonished as a negative element. Such kind of altered reality aspects tend to make other people fear and pity the poor warriors. However, I believe that such kind of daring and quixotic attempts differentiate the present reality and a future reality. Usually entrepreneurs have a vision which is not yet real. Some hallucination which only they are able to see. It might be a distorted reality. It might be an illusion. But should it be abandoned? It really comes down to this. The highly optimistic vision they have, may be an illusion. And in all possibility, it usually is. But, what if they are able to make you believe in that illusion. What if that hallucination is not just a hallucination for them, but for you too? If they are able to pull you into the distorted reality, which they live in, does it matter if it is the

actual reality? If everyone sees the same distorted reality, the actual reality is a reality for no one.

© May 2015 – Skull Press Ebook Publications, Ghent, Belgium. (Non Commercial, may freely be downloaded.)

