

TABLEAU DES POINTS 5000 M PISTE



Temps	Points			
14:00	0,005		20:55	21,390
14:05	0,010		21:00	22,090
14:10	0,015		21:05	22,790
14:15	0,020		21:10	23,490
14:20	0,025		21:15	24,190
14:25	0,030		21:20	24,890
14:30	0,040		21:25	25,590
14:35	0,050		21:30	26,290
14:40	0,060		21:35	26,990
14:45	0,070		21:40	27,690
14:50	0,080		21:45	28,390
14:55	0,090		21:50	29,090
15:00	0,110		21:55	29,790
15:05	0,130		22:00	30,540
15:10	0,150		22:05	31,290
15:15	0,170		22:10	32,040
15:20	0,190		22:15	32,790
15:25	0,210		22:20	33,540
15:30	0,240		22:25	34,290
15:35	0,270		22:30	35,040
15:40	0,300		22:35	35,790
15:45	0,330		22:40	36,540
15:50	0,360		22:45	37,290
15:55	0,390		22:50	38,040
16:00	0,440		22:55	38,790
16:05	0,490		23:00	39,590
16:10	0,540		23:05	40,390
16:15	0,590		23:10	41,190
16:20	0,640		23:15	41,990
16:25	0,690		23:20	42,790
16:30	0,790		23:25	43,590
16:35	0,890		23:30	44,390
16:40	0,990		23:35	45,190
16:45	1,090		23:40	45,990
16:50	1,190		23:45	46,790
16:55	1,290		23:50	47,590
17:00	1,440		23:55	48,390
17:05	1,590		24:00	49,290
17:10	1,740		24:05	50,190
17:15	1,890		24:10	51,090
17:20	2,040		24:15	51,990
17:25	2,190		24:20	52,890
17:30	2,390		24:25	53,790
17:35	2,590		24:30	54,690
17:40	2,790		24:35	55,590
17:45	2,990		24:40	56,490
17:50	3,190		24:45	57,390

17:55	3,390
18:00	3,690
18:05	3,990
18:10	4,290
18:15	4,590
18:20	4,890
18:25	5,190
18:30	5,590
18:35	5,990
18:40	6,390
18:45	6,790
18:50	7,190
18:55	7,590
19:00	8,090
19:05	8,590
19:10	9,090
19:15	9,590
19:20	10,090
19:25	10,590
19:30	11,140
19:35	11,690
19:40	12,240
19:45	12,790
19:50	13,340
19:55	13,890
20:00	14,490
20:05	15,090
20:10	15,690
20:15	16,290
20:20	16,890
20:25	17,490
20:30	18,140
20:35	18,790
20:40	19,440
20:45	20,090
20:50	20,740

24:50	58,290
24:55	59,190
25:00	60,190
25:05	61,190
25:10	62,190
25:15	63,190
25:20	64,190
25:25	65,190
25:30	66,190
25:35	67,190
25:40	68,190
25:45	69,190
25:50	70,190
25:55	71,190
26:00	72,190
26:05	73,190
26:10	74,190
26:15	75,190
26:20	76,190
26:25	77,190
26:30	78,190
26:35	79,190
26:40	80,190
26:45	81,190
26:50	82,190
26:55	83,190
27:00	84,190
27:05	85,190
27:10	86,190
27:15	87,190
27:20	88,190
27:25	89,190
27:30	90,000
27:35	90,000
27:40	90,000